



Fundraising & Events NEWSLETTER

West Yorkshire's
Children & Young Person's
Mental Health Charity

SUMMER 25

Charity no: 1193094



Registered with
**FUNDRAISING
REGULATOR**

Welcome to our Fundraising & Events Newsletter!



thank
★ you ★

Welcome to Invictus Wellbeing's Fundraising & Events Newsletter Summer edition...

This is where you'll find out about all the amazing fundraising that has been happening and what we have coming up each quarter.

Join us to celebrate the fantastic work already done and to help us push our fundraising efforts further and further each year, to improve the mental health of children and young people across West Yorkshire.

Thank you to everyone who has supported us!
We cannot wait for all the amazing events to
celebrate our 10th Birthday through 2025
we hope you can join us!

10
YEARS
OF INVICTUS



HELP SUPPORT THE MENTAL HEALTH AND WELLBEING
OF CHILDREN AND YOUNG PEOPLE ACROSS WEST YORKSHIRE

SUNDAY 25 MAY // 11AM TIL LATE

LIVE MUSIC STREET FOOD FREE KIDS ACTIVITIES DOG SHOW & MUCH MORE!
ADULTS £10 KIDS £5 (UNDER 17) KIDS FREE (UNDER 12) FAMILY TICKET £20 (2 ADULTS & UP TO 3 KIDS)

HEATH RUGBY CLUB GREETLAND HX4 8LS

**FAMILIES WE
NEED YOUR HELP!**



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THE INFLATABLE 5K - FUN RUN

The Inflatable 5k is not a race. It's all about having fun and taking part with friends and family. Whilst having fun, you'll be helping us raise vital funds to support Children's and Young people's mental health in West Yorkshire



Saturday 14th June
9-2.30PM



Harewood House
Leeds, LS17 9LG

REGISTER NOW



Registered with
**FUNDRAISING
REGULATOR**

ADULTS £30
CHILDREN £20

**"JOIN THE FUN AND HELP
RAISE VITAL FUNDS!"**

Fundraising!



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TOTAL TIMEOUT WARRIORS!

GETTING DIRTY FOR A GREAT CAUSE.

**AS PART OF TIMEOUT 20TH ANNIVERSARY WE ARE
TAKING ON THE ULTIMATE CHALLENGE, TOTAL
WARRIOR.**

**OUR TEAM WILL BE DIVING HEADFIRST INTO MUD,
OBSTACLES, AND MAYHEM WITH NOTHING BUT GRIT,
TEAMWORK, AND A LOT OF LAUGHS!**

**WE WILL BE PUSHING OUR LIMITS, HAVING A BLAST AND
RAISING MONEY FOR A CAUSE THAT MATTERS.
SO LACE UP, CHEER US ON AND LETS SHOW EVERYONE
WHAT TIMEOUT WARRIORS ARE REALLY MADE OF.**



**SCAN THE QR CODE
TO DONATE NOW!**

WWW.INVICTUSWELLBEING.COM

We need you!

REGISTER NOW



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MIND OVER MATTER CHARITY CLIMB

FANCY TAKING ON A 28-METRE MONSTER WALL?!

✨ **The Challenge is ON!** ✨

We are calling all thrill seekers, daredevils, and fearless first-timers to tackle ROKT's legendary 28-metre outdoor climbing wall – the tallest in the UK! No experience needed – the ROKT Foundations team's got you!

Age 7+

20th September (Weather dependent)

£15 registration fee + any sponsorship you raise

The "mind over matter" concept in rock climbing emphasizes the power of mental fortitude to overcome physical challenges and achieve goals. It involves focusing on the process, managing fear, and believing in one's abilities, rather than just relying on physical strength



**Climb big. Push limits.
Have Fun.
Sign up now!**

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You are Amazing!

#BLUE
SOME
GOOD



THANK
.. YOU
😊

CHILDREN'S MENTAL
HEALTH WEEK 2025

You raised an incredible....



£1022



Thank you to everyone
who took part.

Check this out!



£1173

YOUR DEDICATION AND EFFORT MEAN SO MUCH TO US AND WILL MAKE A REAL DIFFERENCE IN SUPPORTING YOUNG PEOPLE'S MENTAL HEALTH. THANK YOU BOTH FOR GOING THE EXTRA MILE —LITERALLY!



THANK
YOU
😊

We have two huge thank-yous to say to Craig and Lucy, who took on the Cambridge Half Marathon in march to raise vital funds for Invictus Wellbeing.



Check this out!

AMAZING



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PROM SALE

**We have raised an incredible
£1000**

Thank you to all those people who donated or purchased an outfit. Our Vinted Page is still live with some items still available to buy.
Bag a bargain!

Vinted

FR Registered with FUNDRAISING REGULATOR Charity No: 1193094

The poster features a black background with a subtle pattern of white dots and streaks, resembling a starry night sky. The text is primarily in white and yellow, with the word 'PROM' and 'SALE' in large, bold, yellow letters. A yellow starburst graphic is positioned to the right of the word 'PROM'. The text 'We have raised an incredible £1000' is in large, bold, white letters. Below this, a yellow speech bubble contains the text 'Thank you to all those people who donated or purchased an outfit. Our Vinted Page is still live with some items still available to buy. Bag a bargain!'. To the right of the speech bubble is the Vinted logo. At the bottom left, there is a small logo for the Fundraising Regulator (FR) and the text 'Registered with FUNDRAISING REGULATOR Charity No: 1193094'. A QR code is located at the bottom right of the poster.

thanks
for your
support

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FUNDRAISING



THANK
YOU



IN APRIL BRIGHOUSE LADIES CIRCLE PRESENT
INVICTUS WELLBEING WITH A CHEQUE FOR AND
AMAZING.

£1938.13

WE WERE DELIGHTED WHEN THE GROUP DECIDED TO CHOOSE
INVICTUS WELLBEING AS THEIR CHOSEN CHARITY FOR
2024/25. THE HAVE SPENT THE YEAR COMPLETING A VARIETY
OF ACTIVITIES FROM RAFFLES, SANTA FLOATS AND LOTS MORE.

Thank you



**A HUGE THANK YOU TO
OYSTER FOR HOSTING
A FANTASTIC GOLF
DAY IN SUPPORT OF
INVICTUS WELLBEING!
WE ARE INCREDIBLY
GRATEFUL FOR YOUR
GENEROSITY AND
THRILLED TO SHARE
THAT YOU RAISED AN
AMAZING**

£1000

**YOUR SUPPORT
MAKES A REAL
DIFFERENCE
THANK YOU!**



How you can support Invictus Wellbeing?



IS YOUR BUSINESS, SCHOOL OR ORGANISATION CURRENTLY CONSIDERING CHOOSING A CHARITY OF THE YEAR?

IN 2025, INVICTUS WELLBEING TURNS 10, AND IT'S A GREAT YEAR TO JOIN US AS YOUR CHARITY OF THE YEAR.

DID YOU KNOW THAT ANY FUNDS RAISED WILL GO TOWARDS:
REDUCING OUR WAITING LISTS
OFFERING SESSIONS IN A VARIETY OF LOCATIONS
BEING ABLE TO PROVIDE RESOURCES TO FAMILIES
OFFER SPECIALIST PROJECTS IN LOCAL COMMUNITIES
RESPOND TO THE NEEDS OF YOUNG PEOPLE LOCALLY

INVICTUS RELY HEAVILY ON DONATIONS, AND EVERY DONATION GOES A LONG WAY TO HELPING SUPPORT YOUNG PEOPLE ACROSS WEST YORKSHIRE.

WWW.INVICTUSWELLBEING.COM

CHOOSE US AS YOUR LOCAL CAUSE

Co-op Members can support us
through the Local Community Fund
membership.coop.co.uk/causes



OWNED BY YOU.
RIGHT BY YOU.

**WITH THANKS TO THE CO-OP, WE ARE GRATEFUL TO BE CHOSEN AS
ONE OF THEIR LOCAL CAUSES ACROSS #BRADFORD!**

**SIGNING UP, SHOPPING AT CO-OP AND SUPPORTING INVICTUS
WELLBEING WILL MEAN RAISING VITAL FUNDS TO SUPPORT OUR
#THRIVEAPPROACH PROGRAMME ACROSS BRADFORD AND
DISTRICT!**

**READ MORE AND GET INVOLVED HERE:
[HTTPS://MEMBERSHIP.COOP.CO.UK/CAUSES/88525](https://membership.coop.co.uk/causes/88525)**

**THANK
YOU**

WWW.INVICTUSWELLBEING.COM

How you can support Invictus Wellbeing?

We are always so grateful for individuals, groups and businesses who want to support us.
If you would like to help us celebrate our 10 years working with young people then please get in touch with your fundraising ideas and suggestions.

Many groups choose to take on a challenge, organise an event or simply make a donation. Whichever way you would like to fundraise for us, we can guarantee your donation will go a long way across West Yorkshire.

FUNDRAISING IS A LITTLE BIT DIFFERENT WITH INVICTUS
We look to build proactive relationships with fundraisers - go and meet them and ask them to come and see what we do on a daily basis to show where donations are being spent.

That's why if you fundraise for Invictus, you will be paired up with a member of our team to support you on your fundraising journey each step of the way!





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BECOMING AN INVICTUS CHARITY PARTNER

FIND OUT HOW!

Supporting Invictus Wellbeing means supporting children and young people in West Yorkshire to access better support for their mental health and wellbeing.

WE ARE ALWAYS SO EXCITED TO PARTNER WITH LIKE MINDED ORGANISATIONS WHO CARE ABOUT THE COMMUNITIES THAT THEY WORK IN AND SERVE.

COULD YOU HELP US ON OUR MISSION?

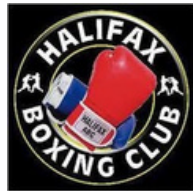
WHAT CAN YOU EXPECT?

- Easy, proactive & collaborative relationship with our community team.**
- Support with fundraising and free workshops/activities for your team (where possible).**
- High engagement from your staff in supporting a worthy cause.**
- Your social and corporate responsibility completed in creative and innovative ways and you can ask where your money goes.**
- Your customers respect by supporting local charities rather than box ticking.**
- Alternatives to conventional 'give us money' partnerships**

**IF YOU ARE INTERESTING IN FINDING OUR MORE PLEASE
CONTACT KATIE DEWHURST ON
KATIE.DEWHURST@INVICTUSWELLBEING.COM
OR TELEPHONE: 07562242429**

Thank you to our charity partners in 2024

We cannot do this without your
continued support.



Harveys of Halifax

**Thank you to all our amazing
schools, colleges and our
individual supporters and
volunteers.**