

JOB DESCRIPTION

Job Title: Wellbeing Practitioner
Hours Per Week: 14 hrs
Pay: £25,150 - £27,550 (pro-rata)
Contract: Permanent
Holidays: 28 days per annum + additional discretionary leave
Start Date: 01/04/2026
Department: Youth in Mind: Connect
Directly responsible to: Senior Wellbeing Practitioner & Co-ordinator (Youth in Mind: Connect)
Location: Shipley Office with regular travel across Bradford District
Major Duties:
<ol style="list-style-type: none"> 1. To provide group wellbeing support sessions for CYPs (children and young people) focusing on building emotional wellbeing and resilience. 2. To provide timely, effective and accessible support by offering strategies, resources and approaches which can support a child/young person's wellbeing over a short term period. 3. Providing support and collaboratively identifying, managing, mitigating and resolving problematic thoughts, feelings or behaviours. 4. Under supervision, undertake accurate assessments of risk to self and others. 5. To signpost YPs for further support as and when necessary. 6. To identify and report safeguarding incidents, in line with relevant Invictus Wellbeing's policies. 7. Provision of information, advice and guidance (IAG) to CYPs and staff regarding related issues, typically these would include general welfare, academic, professional, health and personal. 8. To keep spreadsheets, administrative processes and any other relevant client record systems up to date. 9. Ensure that confidentiality is always protected in accordance with confidentiality policy and procedures. 10. To ensure effective communication with families, professionals, staff, CYPs and more. 11. To undertake ongoing professional development relevant to mental health and emotional wellbeing services. 12. To undertake other duties which are commensurate with the role.

A wellbeing practitioner will provide one to one practical emotional health and wellbeing support, guidance and advice to children and young people facing emotional wellbeing, professional, educational, social or behavioural concerns.

The aim of the service is to improve young people's psychological wellbeing by building resilience, promoting positive practices, adaptive coping skills and raising awareness of how to get help if their mental health deteriorates.

ABOUT THE ROLE

We are looking for a highly motivated wellbeing practitioner to help deliver our exciting new projects as part of the Youth in Mind: Connect Service. The practitioner will work closely with the Senior Practitioner/ Coordinator to deliver our Safety Nets and Thrive programmes to young people across Bradford District and Craven.

This role involves delivering engaging group work to young people alongside providing one-to-one wellbeing support. The post holder will play a key role in supporting young people's emotional wellbeing, resilience, and personal development through structured interventions and a trauma-informed approach.

Groups will be typically delivered for 1-2 hours at a time on a weekly basis, with 3-5 groups a week happening. Groups will run in cohorts between 10-16 weeks.

This job will require regular evening work and occasional weekend work.

ABOUT YOUTH IN MIND: CONNECT

Youth in Mind: Connect (YiM: Connect) is a partnership service as part of Bradford and District Early Help Services. Yim: Connect is led by Bradford District and Craven Mind and includes Invictus Wellbeing, All Star, Family Action, Barnardos and Brathay Trust. Each partner has a distinct service offer within the service which is focused on supporting young people with their emotional health and wellbeing, predominantly in a group format.

The service aims to offer children, young people and families (0-25) with timely, effective and accessible interventions. The interventions will be trauma informed, focused on early intervention and working with a person centred approach. Yim: Connect partners will meet and work together regularly to ensure each young person and family is getting the most appropriate support.

ABOUT INVICTUS WELLBEING

[Invictus Wellbeing](#) is one of West Yorkshire's leading Children and Young Person's Mental Health Charities. We offer timely, effective and accessible mental health support whilst also promoting positive mental wellbeing in the communities we serve. We offer a range of services across Bradford, Calderdale and Kirklees and work with thousands of young people each year.

Our mission is to ensure that all children and young people have access to the support they want and need. We work exclusively with children and young people (5-25) and offer person centred support and care through counselling, support and evidence based interventions.

Our core values are collaboration, innovation, compassion and integrity and we expect all staff and volunteers to uphold these core values through their work with children, young people and families.

This is an exciting time to join our organisation as we enter our tenth year of existence and deliver new and innovative mental health services across Bradford and West Yorkshire.