



INVICTUS

well-being

SPRING 25

Fundraising & Events

NEWSLETTER

West Yorkshire's
Children & Young Person's
Mental Health Charity

Charity no: 1193094



Registered with
**FUNDRAISING
REGULATOR**

Welcome to our Fundraising & Events Newsletter!



Thank
You

Welcome to Invictus Wellbeing's Fundraising & Events Newsletter Spring edition.

This is where you'll find out about all things fundraising and what we have coming up each quarter.

Join us to celebrate the fantastic work already done and to help us push our fundraising efforts further and further each year, to improve the mental health of children and young people across West Yorkshire.

Over the next few months, we have many exciting events and activities that are taking place at Invictus Wellbeing. Keep reading to find out how you can get involved as an individual, team or organisation!

Thank you to everyone who has supported us through 2024. We cannot wait for all the amazing events to celebrate our 10th Birthday through 2025.

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Check this out!

AMAZING



INVICTUS
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In partnership with
Harveys of halifax

**PROM
SALE**

**Saturday 15th February to
Sunday 2nd March**
Visit Harveys (Ground Floor)

Preloved Prom and Formal wear
all items under £50

All proceeds raised from resale go directly
to supporting and improving the mental
health and wellbeing of young people locally

FR Registered with
FUNDRAISING
REGULATOR
Charity No: 1193094

The poster features a black background with a starry night sky and a bright yellow comet streak. The text is primarily in white and yellow, with the 'INVICTUS well-being' logo in white and teal. The 'H' logo for Harveys is a red square with a white letter. The 'FR' logo for the Fundraising Regulator is a white circle with black letters.

thanks
for your
support

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Could you help?



NOMINATED FOR

CHARITABLE EXCELLENCE AWARD 2025

HELP US CHOOSE OUR 2026
CHARITY PARTNER

YOUR VOTE
COULD MAKE THE DIFFERENCE

www.yorkshirechoiceawards.co.uk/votehere



WE NEED YOUR VOTES!

WINNING THIS AWARD WOULD MEAN SO MUCH TO US—AND WITH YOUR SUPPORT, WE COULD ALSO BECOME THE 2026 CHARITY PARTNER! BUT WE NEED YOUR VOTES TO MAKE IT HAPPEN!

HERE'S HOW YOU CAN HELP:

**SHARE THIS POST WITH YOUR FRIENDS & FAMILY
POST IT ON YOUR SOCIALS & STORIES TO SPREAD THE WORD**

VOTING CLOSSES ON 7TH MARCH 2025,

WWW.INVICTUSWELLBEING.COM

*Thank
you!*





CHECK THIS OUT!



#BLUE
SOME
GOOD

THANK YOU TO ALL THE
AMAZING SCHOOLS
AND BUSINESSES WHO
TOOK PART IN OUR
#BLUESOMEGOOD 2025
CAMPAIGN FOR
CHILDREN'S MENTAL
HEALTH WEEK!



AMAZING

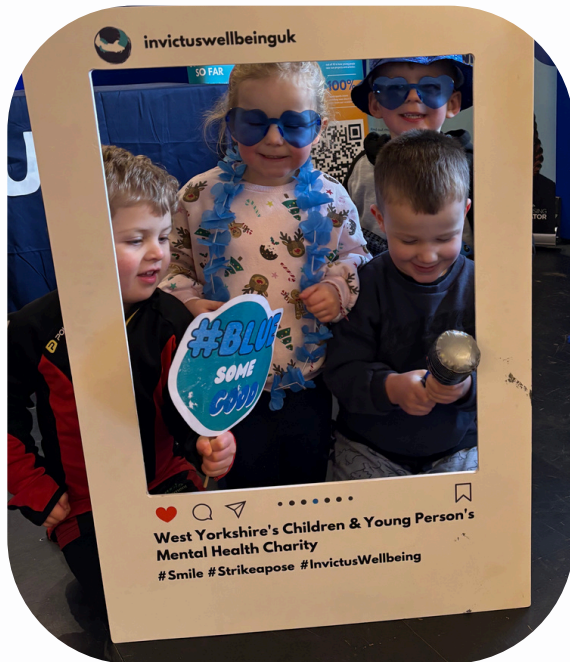
**We visited over 30 schools
and did assemblies for over
5000 children and staff.**



**Thank you to everyone
who dressed up, raised
funds and had lots of fun!**

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#BLUE SOME GOOD



Thank you for taking part!

COMPETITION

**BEST
OF LUCK**



INVICTUS
well-being

Birthday Card Competition

Could you create
a 10th Birthday
card for Invictus
wellbeing.

**50P FOR EACH
ENTRY**

📞 Katie 07562242429

🌐 fundraising@invictuswellbeing.com



WE ARE HOSTING A WONDERFUL COMPETITION

IN MAY 2025, INVICTUS WELLBEING IS CELEBRATING ITS 10TH BIRTHDAY AND WE WOULD LOVE STUDENTS TO DESIGN A BIRTHDAY CARD TO CELEBRATE

PLEASE USE SIMILAR INVICTUS COLOURS FROM OUR WEBSITE - WE'D LOVE TO SEE YOUR CREATIVE FLAIR SHINE THROUGH!

- **AS A CLASS OR INDIVIDUAL, PLEASE CREATE YOUR DESIGN ON AN A5 PIECE OF PAPER**
- **ONCE FINISHED, PLEASE WRITE YOUR NAME, AGE, SCHOOL AND CONTACT DETAILS**
- **PUT YOUR DESIGN INTO AN ENVELOPE AND HAND IN TO YOUR SCHOOL OR AT LUCY'S BAKEHOUSE (DEAN CLOUGH).**
- **THE DEADLINE IS 1PM ON 10TH MARCH**

THE WINNER WILL BE ANNOUNCED ACROSS OUR SOCIALS ON APRIL 22ND AND WILL BE THE PROUD DESIGNER OF OUR 10TH ANNIVERSARY BIRTHDAY CARD WHICH WE'LL BE USING IN A VARIETY OF WAYS IN 2025!

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FUNDRAISING



IN DECEMBER THE AMAZING STAFF AT CALDERDALE ROYAL HOSPITAL CATERING DEPARTMENT RAISED MONEY FOR INVICTUS WELLBEING BY HOSTING A CHRISTMAS MARKET AND RAFFLE.



THEY RAISED AN INCREDIBLE £412
WELL DONE TO EVERYONE INVOLVED. THIS MONEY WILL GO A
LONG WAY TOWARDS SUPPORTING CHILDREN AND YOUNG
PEOPLE IN WEST YORKSHIRE.
THANK YOU!



**SAVE
THE DATE**



Registered with
**FUNDRAISING
REGULATOR**
CHARITY NO
1193094

INVICTUS

well-being

FAMILY FUN DAY



CHARITY FUNDRAISER!

In partnerships with

HEATH RUFC

SUNDAY 25TH OF MAY

11AM TILL LATE!

Buy Tickets Here!



**LIVE MUSIC, GOOD FOOD, FREE
KIDS' ACTIVITIES AND MUCH MORE.**



North Dean, Stainland Rd,
Greetland, Halifax HX4 8LS

ADULT - £10

CHILD 12-17 £5

UNDER 12-FREE

2 ADULTS £20 KIDS GO FREE

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Could you help?



INVICTUS
well-being
FAMILY FUN DAY
CHARITY FUNDRAISER!
SUNDAY 25TH OF MAY

We need your help!

**COULD YOU OR
YOUR BUSINESS
SPONSOR OUR
EVENT?**

Registered with
FUNDRAISING
REGULATOR
CHARITY NO
1193094

Icons: umbrella, sunglasses

The poster is yellow with a halftone pattern on the left side. It features the text 'INVICTUS well-being FAMILY FUN DAY CHARITY FUNDRAISER! SUNDAY 25TH OF MAY' and 'We need your help! COULD YOU OR YOUR BUSINESS SPONSOR OUR EVENT?'. There is a small logo in the top right corner that says 'Registered with FUNDRAISING REGULATOR CHARITY NO 1193094'. There are also small icons of an umbrella and sunglasses.

We have different sponsorship packages available and we would be happy to discuss this further

KATIE.DEWHURST@INVICTUSWELLBEING.COM

THANK
YOU
😊

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**WHY NOT TAKE PART IN
SOMETHING
FUN NEXT YEAR?**



INVICTUS
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**Fun for all
the
family!**

THE INFLATABLE 5K - FUN RUN

The Inflatable 5k is not a race. It's all about having fun and taking part with friends and family. Whilst having fun, you'll be helping us raise vital funds to support Children's and Young people's mental health in West Yorkshire



**Saturday 14th June
9-2.30PM**



**Harewood House
Leeds, LS17 9LG**



REGISTER NOW



Registered with
**FUNDRAISING
REGULATOR**

How you can support Invictus Wellbeing?



IS YOUR BUSINESS, SCHOOL OR ORGANISATION CURRENTLY CONSIDERING CHOOSING A CHARITY OF THE YEAR?

IN 2025, INVICTUS WELLBEING TURNS 10, AND IT'S A GREAT YEAR TO JOIN US AS YOUR CHARITY OF THE YEAR.

**DID YOU KNOW THAT ANY FUNDS RAISED WILL GO TOWARDS:
REDUCING OUR WAITING LISTS**

**OFFERING SESSIONS IN A VARIETY OF LOCATIONS
BEING ABLE TO PROVIDE RESOURCES TO FAMILIES
OFFER SPECIALIST PROJECTS IN LOCAL COMMUNITIES
RESPOND TO THE NEEDS OF YOUNG PEOPLE LOCALLY**

INVICTUS RELY HEAVILY ON DONATIONS, AND EVERY DONATION GOES A LONG WAY TO HELPING SUPPORT YOUNG PEOPLE ACROSS WEST YORKSHIRE.

WWW.INVICTUSWELLBEING.COM

CHOOSE US AS YOUR LOCAL CAUSE

Co-op Members can support us
through the Local Community Fund
membership.coop.co.uk/causes



OWNED BY YOU.
RIGHT BY YOU.

**WITH THANKS TO THE CO-OP, WE ARE GRATEFUL TO BE CHOSEN AS
ONE OF THEIR LOCAL CAUSES ACROSS #BRADFORD!**

**SIGNING UP, SHOPPING AT CO-OP AND SUPPORTING INVICTUS
WELLBEING WILL MEAN RAISING VITAL FUNDS TO SUPPORT OUR
#THRIVEAPPROACH PROGRAMME ACROSS BRADFORD AND
DISTRICT!**

**READ MORE AND GET INVOLVED HERE:
[HTTPS://MEMBERSHIP.COOP.CO.UK/CAUSES/88525](https://membership.coop.co.uk/causes/88525)**

**THANK
YOU**

WWW.INVICTUSWELLBEING.COM

How you can support Invictus Wellbeing?

We are always so grateful for individuals, groups and businesses who want to support us.
If you would like to help us celebrate our 10 years working with young people then please get in touch with your fundraising ideas and suggestions.

Many groups choose to take on a challenge, organise an event or simply make a donation. Whichever way you would like to fundraise for us, we can guarantee your donation will go a long way across West Yorkshire.

FUNDRAISING IS A LITTLE BIT DIFFERENT WITH INVICTUS
We look to build proactive relationships with fundraisers - go and meet them and ask them to come and see what we do on a daily basis to show where donations are being spent.

That's why if you fundraise for Invictus, you will be paired up with a member of our team to support you on your fundraising journey each step of the way!



Our Impact

Lets take a look back at some of
amazing work at
Invictus Wellbeing during 2023/24



We hope to work with even more young
people in 2025 and beyond!

How you can support Invictus Wellbeing?



VOLUNTEERS NEEDED!

Would you like to volunteer for Invictus Wellbeing?
Join us in making a difference for young peoples
mental health and wellbeing across West Yorkshire

**DO YOU HAVE A FEW SPARE HOURS
A WEEK TO SPARE?**



**JOIN
US!**

**Invictus Wellbeing are looking for dedicated
individuals to join our Fundraising Team as
Fundraising and Engagement Volunteers**

If you have a passion for helping young people
and supporting them with their mental health and
wellbeing. This could be the role for you. Could
you spare a few hours a week or a month to
helping support our amazing charity.

Contact Katie Dewhurst
07562242429 for more
information or by checking
out our website by clicking on
the link below.



**Thank
you!**

WWW.INVICTUSWELLBEING.COM

Would you like to volunteer for Invictus Wellbeing?

Could you spare a few hours a month to help promote our Charity and the amazing work we do?

FUNDRAISING VOLUNTEER

Could you commit to a few hours a week to raise vital funds for our projects?

We are looking for enthusiastic and charismatic individuals who can help us fundraise for our cause.

PROJECT VOLUNTEER

Could you support projects which boost mental wellbeing?

We are looking for project volunteers who can commit to between 1-5 hours per week. Their role would be to support our project delivery and help young people access support and activities.

PLACEMENT COUNSELLOR

Could you carry out your placement counselling hours with us?

We are always on the lookout for student counsellors who would like to carry out their placement hours as part of one of Invictus Wellbeing's 1-2-1 services.



INVICTUS

well-being



BECOMING AN INVICTUS CHARITY PARTNER

FIND OUT HOW!

Supporting Invictus Wellbeing means supporting children and young people in West Yorkshire to access better support for their mental health and wellbeing.

WE ARE ALWAYS SO EXCITED TO PARTNER WITH LIKE MINDED ORGANISATIONS WHO CARE ABOUT THE COMMUNITIES THAT THEY WORK IN AND SERVE.

COULD YOU HELP US ON OUR MISSION?

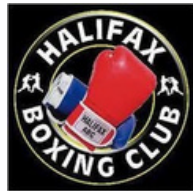
WHAT CAN YOU EXPECT?

- Easy, proactive & collaborative relationship with our community team.**
- Support with fundraising and free workshops/activities for your team (where possible).**
- High engagement from your staff in supporting a worthy cause.**
- Your social and corporate responsibility completed in creative and innovative ways and you can ask where your money goes.**
- Your customers respect by supporting local charities rather than box ticking.**
- Alternatives to conventional 'give us money' partnerships**

**IF YOU ARE INTERESTING IN FINDING OUR MORE PLEASE
CONTACT KATIE DEWHURST ON
KATIE.DEWHURST@INVICTUSWELLBEING.COM
OR TELEPHONE: 07562242429**

Thank you to our charity partners in 2024

We cannot do this without your
continued support.



Harveys of Halifax

**Thank you to all our amazing
schools, colleges and our
individual supporters and
volunteers.**