

### JOB DESCRIPTION

Job Title: Therapeutic Practitioner (West Yorkshire Liaison & Diversion) TP2023/07 x2

Hours Per Week: 15 (2 days per week) OR Full time (37.5 hours per week).

Pay: £25,275 - 29,435 p/a Pro Rata depending on qualifications, experience and skill set.

1-2-1 Clinical Supervision will be provided.

**Contract:** Fixed term (Until March 25) then continued dependent on funding.

Holidays: Standard 25 days pro rata + statutory holidays- In line with contract and annual leave policy

Start Date: ASAP

**Apply By**: 21/07/23 (12:00 Midday)

Department: Core Team - Working within the specialist mental health pathway through Liaison &

Diversion (West Yorkshire).

Directly responsible to: Operations Manager - Calderdale or Bradford

Location: Calderdale, Bradford or both.

## **Key Contacts**

Internal: BREW Project staff, TSS Team, COPE team.

Partners: Liaison & Diversion, West Yorkshire Police, SWYFT, Public Health, Calderdale ICB, Bradford ICB, Open Minds Partnership, Third Sector Partners.

# Major Duties:

- 1. To provide one to one therapeutic sessions for CYPs (children and young people) on a weekly basis using your own expertise and person centred approaches.
- 2. To provide timely, effective and accessible support by offering strategies, resources and approaches which can support a child/young person's wellbeing over a short term period.
- 3. To work closely with school and community leaders to ensure Invictus' offer to them is robust and effective and that they are getting the service they want and need.
- 4. Providing support and collaboratively identifying, managing, mitigating and resolving problematic thoughts, feelings and behaviours.
- 5. Under supervision, undertake accurate assessments of risk to self and others
- 6. To signpost YPs for further support as and when necessary.
- 7. To identify and report safeguarding incidents, in line with relevant Invictus Wellbeing's policies.
- 8. Provision of information, advice and guidance (IAG) to YPs and staff regarding related issues, typically these would include general welfare, academic, professional, health and personal.
- 9. Reporting on trends and needs in the above areas in order to improve and develop support for young people.
- 10. To update monitoring documents/reports consistently and analyse trends and use them where appropriate in support sessions.
- 11. To keep spreadsheets, administrative processes and client records up to date.

- 12. Ensure that confidentiality is always protected in accordance with confidentiality policy and procedures.
- 13. To manage busy caseloads ensuring effective communication with families, professionals, staff, CYPs and more.
- 14. To undertake ongoing professional development relevant to mental health and emotional wellbeing services.
- 15. To undertake other duties which are commensurate with the role.

#### **ABOUT INVICTUS WELLBEING**

Invictus Wellbeing is West Yorkshire's Children and Young Person's Mental Health Charity. We offer timely, effective and accessible mental health support whilst also promoting positive mental wellbeing in the communities we serve. We offer a range of services across Calderdale, Bradford and Kirklees and in 2022 worked with over 2,000 individual children and young people across a variety of projects.

Our mission is to ensure that all children and young people have access to the support they want and need. By acting early, we can reduce the likelihood of more severe issues developing through building resilience and positive mental wellbeing.

### **ABOUT THE ROLE**

We are looking for a therapeutic practitioner to lead on therapeutic interventions as part of our specialist mental health and wellbeing pathway through Liaison & Diversion. This role will involve working for both us and Liaison & Diversion in a secondment format. This role is a pioneering opportunity where you will develop the service and ensure appropriate therapeutic support is offered and provided in high need communities.

This pathway supports young people and children who have been through the criminal justice system (CJS), or are at risk of being involved with the CJS. Supporting victims, perpetrators and those at risk of crime with timely, effective and accessible therapeutic support is at the core of this role.

The Therapeutic Practitioner will lead on therapeutic interventions and deliver the highest quality service ensuring that young people have access to effective support in a timely and accessible manner. They will be responsible for managing a busy caseload of young people, offering clinical interventions, signposting and referring internally and externally and managing administrative duties.

### PERSON SPECIFICATION

You will be a passionate, autonomous and highly organised individual with experience and knowledge of local areas, organisations and services across the region. You will be an enthusiastic therapist who not only has qualifications and the skillset to impact on young people's lives, but a compassionate and caring personality.

This role will involve managing a caseload, being a member of a team, continuous reflective practice and understanding the Open Minds partnership and what support is available to young people post therapy.

You will be highly organised, have a willingness to learn new things and above all be passionate about improving children and young people's mental wellbeing



# PERSON SPECIFICATION: CONT'D

The person specification outlines the main criteria for the post and short listing will be based on the following criteria. Please ensure that your supporting statement clearly shows how you meet the criteria using experience gained either in paid or voluntary work.

Criteria	Criteria E= Essential D= Desirable	Measured by A=Application I=interview E=exercise
Qualifications		
Possesses a recognised qualification in Counselling or psychotherapy.	E	A
Holds a recognised membership of a relevant professional body (BACP/ PTUK/ UKCP/NCS/BPS)	E	A
Qualification in Supervision	D	A
4. Full & Clean Driving License	Е	A
Qualities		
5. Initiative, problem solving and openness to change	E	A/I/E
A collaborative team player, concerned with team success as well as individual performance	Е	A/I



7.	Passionate and committed to improving the mental health and wellbeing of local children and young people.	E	A/I
8.	Passionate about the relationship between youth criminality and mental health and supporting young	E	A/I
	people at risk to promote protective factors.	E	A/I
9.	Shares information, good practice and skills with their colleagues and wider networks.	E	A/I
10	Good listener who responds well to feedback	E	A/I
11	Constructive and energetic who brings positivity and enthusiasm.	E	All
12	A self aware and reflective individual who can reflect on their own needs and commit to continuous personal and professional learning and development.		
Exper	ience		
13	Post qualified experience in a therapeutic role and an understanding of working with children and young people.	E	A/I
14	A track record of delivering results with quality outcomes, measured to key performance indicators	E	A/I
15	Experience of building and nurturing strong therapeutic relationships with service users.	E	A/I
16	Experience of working with children and young people directly.	E	A/I



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17. Experience of supervising staff or offering clinical supervision.	D	A/I
Knowledge and Skills		
Knowledge of a range of therapeutic approaches and models.	E	A/I
19. Knowledge of relevant national policies, best practices, quality frameworks and local approaches to implementation within the specific area of mental health support for children and young people	D	A/I
20. Demonstrates understanding of working with children and young people who require or would benefit from emotional and therapeutic support	E	A/I
21. Ability to manage a caseload and ensure that administrative duties are kept under control.	E	A/I
A sound understanding of effective performance monitoring.	D	A/I
23 Numerate with an ability to understand, analyse and make effective use of data.	E	A/I
24. Ability to build a rapport naturally which creates a team ethos and culture that represents the organisation culture and values.	Е	A/I
Other		



25. A strong understanding of safeguarding and health and safety within mental health, social work & education and the ability to become a designated safeguarding officer for Invictus Wellbeing.	E	A/I
26. A strong command of computer skills and technology, particularly with Microsoft and Google products as well as CRMs.	E	A/I
27. A dedicated commitment to diversity and inclusion and equality of opportunity.	Е	A/I

To apply, please go to: <a href="https://www.invictuswellbeing.com/apply">https://www.invictuswellbeing.com/apply</a> and follow the instructions.

If you are unable to apply this way for any reason, please contact us at enquiries@invictuswellbeing.com