

Low-Intensity, Early Intervention Support for children and young people aged 5-25.

Group and One-to-one Support Options

CONSULTATION AND ASSESSMENT OF THE SCHOOL'S NEEDS

DISCUSSION, DECISION & AGREEMENT MADE

REFERRALS

School staff to complete online referral form.

PAID FOR 1-2-1 SUPPORT

PAID FOR GROUP SUPPORT

ONE-TO-ONE SUPPORT

Either **Wellbeing** or **Therapeutic intervention** for in-depth support with a **practitioner**.

One to one practical support, guidance and advice to those facing **mental health concerns**.

GROUP WORKSHOPS

Delivered by either **wellbeing** or **therapeutic** practitioners for up to **8 young people**.

These workshops offer practical **support, guidance and advice** to those facing mental health concerns, for example **anxiety, self-esteem or low mood** etc.

Exit strategy to be agreed upon.

NO

LONGER-TERM SUPPORT REQUIRED?

YES

Discussion around further support between school, young person and/or parent/carers.

TO ENQUIRE:



01422 730015



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Invictus Wellbeing



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