



Annual Impact Report

...

Supporting and Improving the mental health & wellbeing
of children and young people across West Yorkshire.

WELCOME



I'm delighted to share our most recent impact report for 25/26 which has been another year of growth, development and consolidation. We have truly solidified our position in Bradford and Kirklees as one of the leading mental health charities, beginning to deliver the Youth in Mind and the Kirklees Social Prescribing services respectively. All of our teams have done an incredible job in mobilising and transforming the charity to ensure these services were delivered effectively by the end of the financial year.

We have gone through major staffing changes, including saying goodbye to our long-serving operations manager, Sarah Risby and our Clinical Lead, Sharon Dunning stepping into a dedicated practitioner role. I want to personally thank them for their pioneering time in their respective roles and Invictus would be a very different organisation without their hard work and dedication.

In the same breath, this change has led to the addition of a fantastic new leadership team, who have gone far beyond expectations, slotting straight in and bringing their own fresh and unique ideas to life. I would also like to thank our partners in the NHS, Northpoint, Mind in Bradford, Locala, All Stars, C&K Careers and others, who have shown authentic and meaningful partnership working.

As we refresh our five-year strategy, the Board and leadership team will begin 2026/27 focused on strategic consolidation and sustainability, operational consistency, workforce development and staff and volunteer welfare.

Thanks to everyone who has been part of our journey, whether this year or over the last 10. Our growth has been incredible, but the challenge now is to stay true to our values, keep standards high and continue proving ourselves as the mental health charity for young people in West Yorkshire.



Danny Hutchinson
– *Chief Executive Officer*

**“Thank you for been
there for me and
being the first person
got to speak to about
my dad it means
more than you could
ever imagine”**

**– Young Person,
Transition
Support Service**



Our Success in Numbers

2691

children and young people referred for 1:1 Support

20%

improvement in children and young people's wellbeing after support with us

17

counsellor placements/trainee staff supported

760

holiday club meals provided during school holidays

20%

increase in 1:1 support offered across West Yorkshire

20%

financial growth

29%

growth in workforce

559%

more children and young people supported in Bradford and Craven District

449%

more children and young people supported in Kirklees



rew. PROJECT

780+
referrals received

1400+
sessions offered to
children and young
people in Calderdale

17%
increase in
wellbeing from first
session to end of
support

90%
average attendance

The BREW Project remains our flagship service across Calderdale and Bradford, providing timely one-to-one mental health support for children and young people. Delivered in schools, community settings and online, BREW offers practical, short-term support that helps young people feel understood, build coping strategies and grow in confidence.

The successful launch of BREW in Kirklees has expanded access to early mental health support for more children and young people across the region. Feedback consistently highlights its positive impact on wellbeing, resilience and engagement in education.

TRANSITION SUPPORT SERVICE



The Transition Support Service continues to provide vital support for young people aged 16–25 navigating key life transitions. Aligned with the NHS Long Term Plan, TSS offers flexible, wraparound support through counselling, practical guidance and group activity, helping young people manage challenges linked to mental health, education, employment, housing and independence.

Demand for the service continues to grow, and we are working closely with partners across West Yorkshire to strengthen pathways and extend the reach of this support. Feedback consistently highlights the value of TSS in helping young people feel more stable, confident and better equipped for the future.

440+
referrals received

886
sessions attended
by young people in
Calderdale

20%
increase in
wellbeing from first
session to end of
support

86%
average attendance



Case Study

A young person was referred for support after experiencing difficulties with school attendance, friendships and the emotional impact of changes at home following parental separation.

Although sessions began in October, the young person described Christmas as a particularly challenging time, as it brought back memories of family togetherness while also highlighting how much had changed. They spoke about a sense of loss for what family life had once felt like, alongside feelings of guilt and worry about upsetting others if they expressed how they really felt.

As the young person had grown older, they had been given more choice about visiting one parent, which they found emotionally difficult to navigate. They described feeling that they were letting that parent down by not wanting to visit as often, but also felt unable to speak openly about this within the family because of worries about seeming disloyal or causing upset. As a result, they often kept their emotions inside.

Through support, the young person was able to explore these feelings in a safe space and identify what they wanted others to understand about their experience. With the young person's agreement, the practitioner supported them to share their views with the parent who was bringing them to sessions. This opened up a positive and supportive conversation, in which the young person felt heard and reassured that it was okay to make choices about contact in a way that felt right for them.

**-Calderdale BREW
Project**



WOMEN IN MIND

Women in Mind is a three-year project launched in 2025, providing gender-specific counselling and support for young women aged 16–25 in Calderdale. Delivered by specialist counsellors, the service offers holistic, tailored support and is fully integrated within our wider 16–25 offer.

EMPLOYEE EMPOWERMENT PROGRAMME

Part of the Healthy Working Life programme, the Employee Empowerment Programme was developed by Invictus Wellbeing and C&K Careers in partnership with Calderdale Cares Partnership. It provides person-centred, trauma-informed mental health and wellbeing support to young adults at risk of losing employment due to sickness or long-term health conditions, with referrals from GPs, professionals and employers.

A photograph of three young women embracing each other in a park-like setting. The woman in the center is wearing a pink t-shirt and has her arms around the other two. The woman on the left is wearing a floral patterned top, and the woman on the right is wearing a light green top. They are all smiling and appear to be in a supportive and happy environment.

“It feels great for us to be working alongside Invictus. I feel we all hold nothing but the best interests of the women we serve in our hearts, and that's what makes amazing organisations, isn't it?”

– verd de gris arts,
Calderdale



Since opening in June 2025, Invictus Wellbeing has delivered the counselling and therapeutic support element of Youth in Mind across Bradford District and Craven. The service provides short to medium-term one-to-one mental health interventions for children and young people aged 5 to 18, and up to 25 for those with additional needs. Our approach is person-centred, systemic, trauma-informed and culturally competent, enabling us to respond flexibly to the needs of the young people we support.

Interventions offered through the service include counselling, talking therapies, play therapy, creative-led approaches, digital interventions, brief solution-focused interventions and systemic family practice.

1107
referrals recieved

2616
sessions attended
by young people in
Bradford & Craven
District

80.6%
young people who
showed reliable
improvement in
their goals by the
end of support

96%
average attendance

The logo features a dark blue speech bubble outline. Inside the bubble, the text "Kirklees Young People's Social Prescribing Service" is written in a sans-serif font. "Kirklees" is in dark blue, "Young People's" is in teal, and "Social Prescribing Service" is in dark blue.

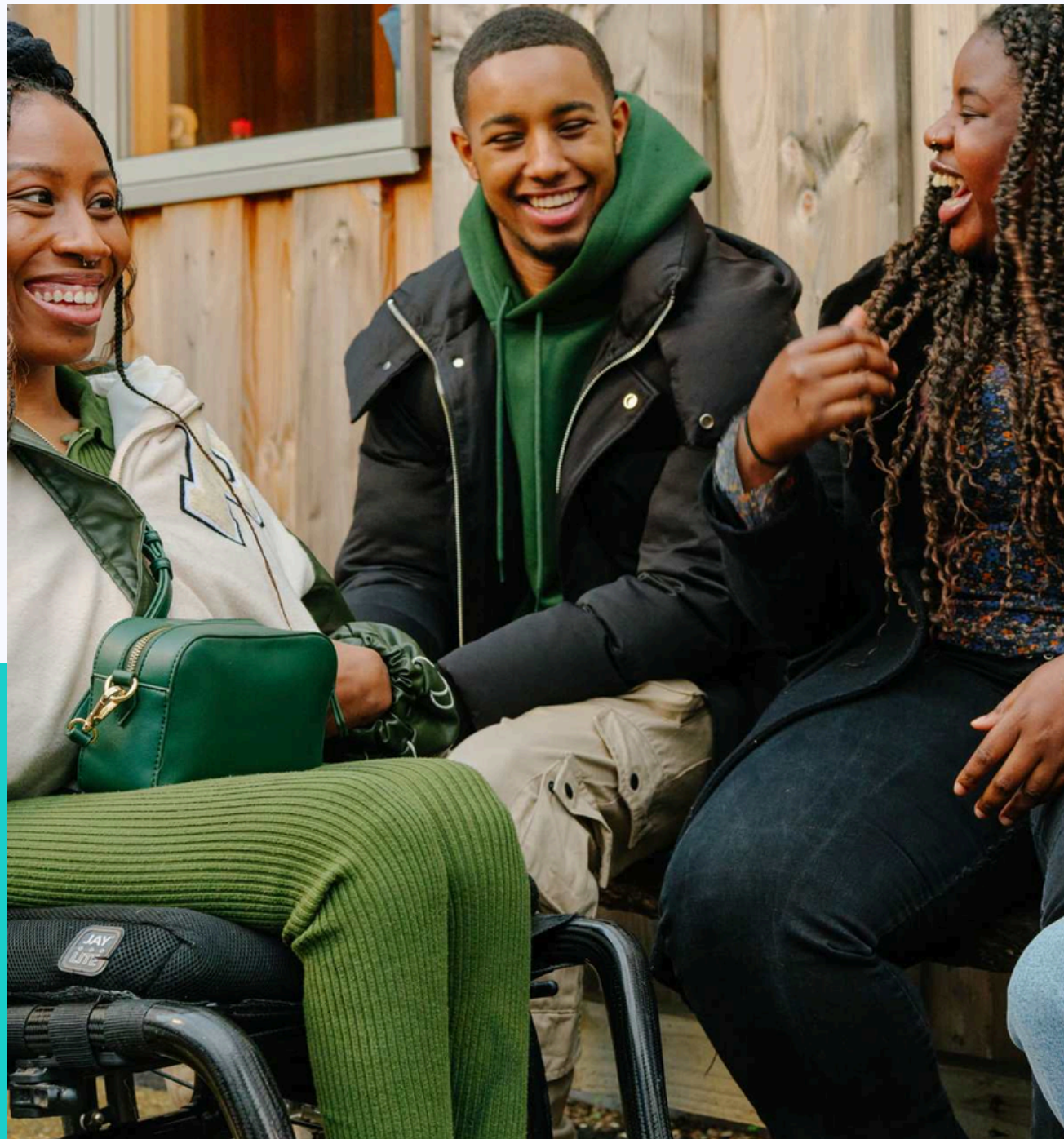
Kirklees Young People's Social Prescribing Service

The Kirklees Social Prescribing Service supports young people aged 11–25 to improve their wellbeing by connecting them with practical, community-based support. Working alongside local partners, the service helps young people access activities, services and opportunities that reduce isolation, build confidence and support positive mental health.

463
referrals recieved

85%
average attendance

15% of young people referred
have come off a CAMHS
waiting list and get support sooner through us,
improving timeliness of support while easing
pressure on the wider mental health pathway





Kirklees Waiting List Initiative

Working in partnership with Northpoint Wellbeing, Invictus Wellbeing delivers one-to-one wellbeing and therapeutic support to children and young people in Kirklees as part of the wider CAMHS waiting list response.

Together, we support young people while they wait to access specialist mental health services, offering early intervention, practical support and regular check-ins to reduce distress, maintain engagement and ensure they feel supported during the waiting period.

172

referrals recieved

290

sessions attended
by young people in
Kirklees

96%

young people who
showed reliable
improvement in
their goals by the
end of support

94%

average attendance

**“I feel like I can talk
to people more about
how I feel and I feel so
much happy now
thank you so so so
much”**

**– Young Person,
Youth in Mind
Counselling &
Therapeutic
Service**



What's next for us?

Over the next five years, we will strengthen the foundations that have helped Invictus grow, while becoming more ambitious about our role as a leader in children and young people's mental health.

We will focus on consistent, high-quality and accessible services across West Yorkshire, investing in our people, improving our systems and building strong partnerships.

Our ambition is to reach more children and young people earlier, deliver meaningful support in their communities, and remain a trusted, resilient and forward-thinking charity. As part of this next chapter, Invictus will also begin to look and feel a little different, with a refreshed brand coming soon.

**“Thanks to everyone
who has been part of
our journey”**





THANK YOU

We have been blown away by the amount of support and will continue on our mission to support every child/young person across West Yorkshire.

OFFICIAL PARTNERS



FUNDERS





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SUPPORTERS

A Safe
 Adele Yoga
 Afterglow
 And Chocolates of Haworth
 And every individual supporter!
 Anna Freud Centre
 Arc Recruitment
 Arts Charity Dean Clough
 Ash Green Community Primary School
 Atkinson Firth Solicitors
 Big Joe Egan
 Bradshaw Primary School
 Brand Haus Trading
 Brighouse Ladies Circle
 Brooksbank School
 Byron Primary
 Calder Project Management
 Carlsberg Marstons
 Casa Brighouse
 Castle Hall Academy
 Cavendish Primary School
 Chadwick Lawrence
 Christ Church Pellon
 Christian Scott Hairdressing
 Click and Climb

Cloverlead Advocacy
 Compass School
 Crossley Scott
 Crust and Crumb 77
 CVS-Control System
 DD Porter Construction
 Dean Field Primary School
 Dixons Manningham Primary
 Elcons Employment Specialists
 Electric Bowl
 EZ Move Huddersfield
 Gomersal Park Spa
 GPT Academy
 Halifax Rotary Club
 Hayes Travel
 Heath RUFC
 Hebden Royd Town Council
 Hoyle Court Primary School
 I Build Scaffolding
 John Palka
 Kian Miller & Family
 Lee Mount Primary Academy
 Lee Mount Primary School
 Leeds United FC
 Lees Primary School

Lightcliffe Academy High
 Ling Bob School
 Long Lee Primary School
 Longroyd Primary School
 Luddenden Academy
 Luddenden CE
 Luddenden CofE School
 Macclesfield Town FC
 Mandy, Damian & Ellie Nutton
 Marshalls
 Martin & Tracy Hutchinson
 Moorside Primary Academy
 Morland One
 Morrisons
 Mount Pellon Primary Academy
 NXT Level
 O&C Management
 Oddfellows – Halifax Branch
 Old Brodleians RUFC
 Old Rishworthians RUFC
 Oyster Communication
 Park Lane Academy
 Phillip Anthony Photography
 PIB Insurance

Pollards Removals
 Prestige Gifting Ltd
 Pure Travel
 Race Centre Ltd
 Redwood Estate Agents
 Riccis Place Halifax
 Riddlesden St Mary's CofE Primary
 Ripponden J and I School
 Russell Hall Primary School
 Ryburn Valley High School
 Salterlee Primary School
 Sandal Primary School
 Sekhon Group
 Shibden Mill Inn
 Shipley CofE primary school
 St Andrew's CofE (VA) Junior School
 St Johns CE Primary School
 St Malachys CofE School
 St Malachys Primary
 Stanbury Village School
 Stod Fold
 Studio 59
 Sunbelt

Thai Corner
 The Corner – Greek & Turkish
 The Piece Hall
 The White Lion – Hebden Bridge
 Thornhill Academy
 Timeout Childrens Homes
 Tivoli Travel
 Trinity Academy Grammar
 Trinity Academy Halifax
 Trinity Sixth Form Academy
 Twisted Mojito Cocktails
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 Woodhouse Primary School
 Yorkshire Water
 and all of our individual supporters!