



INVICTUS

well-being

AUTUMN 24

Fundraising & Events

NEWSLETTER

West Yorkshire's
Children & Young Person's
Mental Health Charity

Charity no: 1193094



Registered with
**FUNDRAISING
REGULATOR**

Welcome to our Fundraising & Events Newsletter!



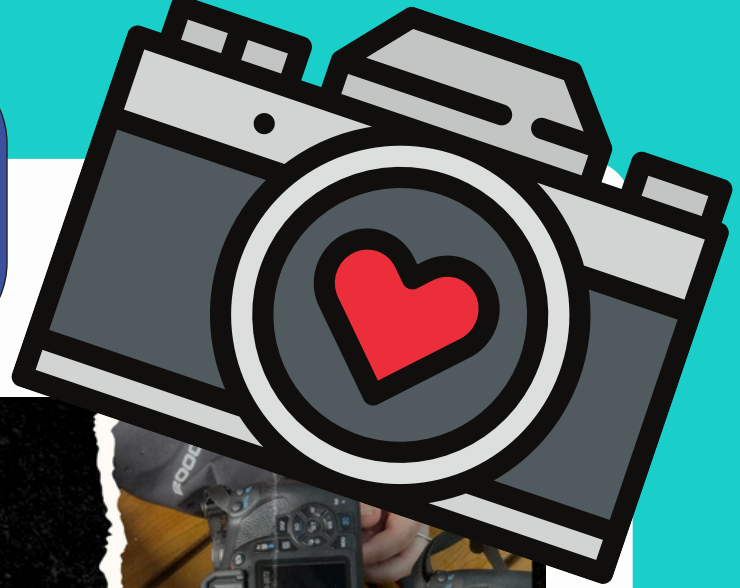
Welcome to Invictus Wellbeing's Fundraising & Events Newsletter.

This is where you'll find out about all things fundraising and what we have coming up each quarter.

Join us to celebrate the fantastic work already done and to help us push our fundraising efforts further and further each year, to improve the mental health of children and young people across West Yorkshire.

Over the next few months, many exciting events and activities are taking place at Invictus Wellbeing. Keep reading to find out how you can get involved as an individual, team or organisation!

Check this out!



TRANSITION
SUPPORT
SERVICE



WELLBEING PHOTOGRAPHY EXHIBITION

Over the last six weeks, young people attending Invictus Wellbeing's Transition Support Service have taken part in a photography wellness programme, taking photos that mean something to their mental health and wellbeing. We hope you can visit their amazing work.



THE PRINTS WILL
BE ON SALE
FROM THE MAIN
RECEPTION



**FROM MONDAY 14TH
OCTOBER -10TH NOVEMBER**



10AM-4PM



**The Focus Wall, D Mill,
Dean Clough Mills,
Halifax, HX3 5AX**



All proceeds raised will be shared between our amazing photographers and Invictus Wellbeing providing free mental health and wellbeing support to young people across West Yorkshire



Registered with
**FUNDRAISING
REGULATOR**

(CHARITY NO: 1193094)

WWW.INVICTUSWELLBEING.COM

Coming Up:



Upcoming Event:

**HALLOWEEN FAMILY
DISCO NOVEMBER 1ST
2024**

**TO BOOK PLEASE
VISIT OUR WEBSITE**

WWW.INVICTUSWELLBEING.COM

Could you help?

SCAN THE QR
TO DONATE



INVICTUS
well-being

In partnership with
Harveys of halifax



PROM DONATION

Could you donate your preloved
posh frocks, suits and
accessories to charity?

Help another young person turn
up to prom in style!

All proceeds raised from resale go directly
to supporting and improving the mental
health and wellbeing of young people locally

All donations can be left at Harveys or contact
for collection at 07562242429

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Charity No: 1193094

THANK
YOU
😊

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**TO SPONSOR
A 1-2-1
SESSION FOR
A YOUNG
PERSON**



**Have you lost a loved one to suicide or
watched a loved one struggle with mental
health?**

**We would love for you to join us for
a special Christmas tree switch on.
A chance to reflect, remember and
support others going through
difficult times.**

**Mental Health can be particularly
difficult especially at Christmas.
Come together to show your
support.**

**VENUE: DEAN CLOUGH MILLS. OUTSIDE
WEAVERS CAFE HX3 5AX. FREE PARKING
AFTER 5PM**

WWW.INVICTUSWELLBEING.COM



Upcoming Event:

**CHRISTMAS MARKET
WEDNESDAY 4TH
DECEMBER**

**TO BOOK A STALL
PLEASE VISIT OUR
WEBSITE**

2025

#BLUE SOME GOOD



#BlueSomeGood will return for next year's Children's Mental Health Week, from the 3rd-9th February 2025.

If you are in an education setting, organisation or business and would like to take part in some way please get in touch. Check out last year's event on our website.

Upcoming Event:

BLUE SOME
GOOD
3RD-9TH FEB
2025

APRIL 2025

Enjoy a tee-rrific afternoon of golf, on an amazing eighteen hole golf course. all while helping to raise money for charity!

INVICTUS well-being CHARITY GOLF DAY



Invictus Wellbeing aims to be West Yorkshire's Children & Young People's Mental Health Charity

We are delighted to announce the return of our ANNUAL GOLF DAY, raising much needed funds.

WWW.INVICTUSWELLBEING.COM

**SAVE
THE DATE**

THE **INVICTUS**
well-being
SUMMER BASH



Registered with
**FUNDRAISING
REGULATOR**
CHARITY NO
1193094

WEST YORKSHIRE'S CHILDRENS AND YOUNG PEOPLE'S MENTAL
HEALTH CHARITY FUNDRAISER!



Heath RUFC



North Dean, Stainland Rd,
Greetland, Halifax HX4 8LS

SUNDAY 25TH MAY

1PM TIL LATE!

2025

IS OUR

10TH

Birthday!

WWW.INVICTUSWELLBEING.COM

How you can support Invictus Wellbeing?

We are always so grateful for individuals, groups and businesses who want to support us by fundraising.

Many groups choose to take on a challenge, organise an event or simply make a donation. Whichever way you would like to fundraise for us, we can guarantee your donation will go a long way across West Yorkshire.

We do fundraising a little bit differently at Invictus, we want to build a relationship with fundraisers, come and meet them, get them to come and see what we do on a daily basis and show them where their donation is being spent. That's why if you do fundraise for us, you'll be paired up with a member of our team to support you on your fundraising journey each step of the way!



Our Impact

Lets take a look back at some of
amazing work at
Invictus Wellbeing during 2023/24



We hope to work with even more young
people in 2025 and beyond!

Would you like to volunteer for Invictus Wellbeing?

Could you spare a few hours a month to help promote our Charity and the amazing work we do?

FUNDRAISING VOLUNTEER

Could you commit to a few hours a week to raise vital funds for our projects?

We are looking for enthusiastic and charismatic individuals who can help us fundraise for our cause. We often have stalls, games

PROJECT VOLUNTEER

Could you support projects which boost mental wellbeing?

We are looking for project volunteers who can commit to between 1-5 hours per week. Their role would be to support our project delivery and help young people access support and activities.

PLACEMENT COUNSELLOR

Could you carry out your placement counselling hours with us? We are always on the lookout for student counsellors who would like to carry out their placement hours as part of one of Invictus Wellbeing's 1-2-1 services.



INVICTUS

well-being



BECOMING AN INVICTUS CHARITY PARTNER

FIND OUT HOW!

SUPPORTING INVICTUS WELLBEING MEANS SUPPORTING CHILDREN AND YOUNG PEOPLE IN WEST YORKSHIRE ACCESS BETTER SUPPORT FOR THEIR MENTAL HEALTH AND WELLBEING.

WE ARE ALWAYS SO EXCITED TO PARTNER WITH LIKE MINDED ORGANISATIONS WHO CARE ABOUT THE COMMUNITIES THAT THEY WORK IN AND SERVE.

COULD YOU HELP US ON OUR MISSION?

WHAT CAN YOU EXPECT?

- EASY AND ENGAGED RELATIONSHIP WITH OUR COMMUNITY TEAM.**
- SUPPORT WITH FUNDRAISING AND FREE WORKSHOPS/ACTIVITIES FOR YOUR TEAM (WHERE POSSIBLE).**
- HIGH ENGAGEMENT FROM YOUR STAFF IN SUPPORTING A WORTHY CAUSE.**
- YOUR SOCIAL AND CORPORATE RESPONSIBILITY COMPLETED IN CREATIVE AND INNOVATIVE WAYS AND YOU CAN ASK WHERE YOUR MONEY GOES.**
- YOUR CUSTOMERS RESPECT BY SUPPORTING LOCAL CHARITIES RATHER THAN TICK BOXING.**
- ALTERNATIVES TO CONVENTIONAL 'GIVE US MONEY' PARTNERSHIPS**

**IF YOU ARE INTERESTING IN FINDING OUR MORE PLEASE
CONTACT KATIE DEWHURST ON
KATIE.DEWHURST@INVICTUSWELLBEING.COM
OR TELEPHONE: 07562242429**