

INVICTUS

well-being

WINTER 24

Fundraising & Events NEWSLETTER

West Yorkshire's Children & Young Person's Mental Health Charity



Charity no: 1193094

Welcome to our Fundraising & Events Newsletter!



Welcome to Invictus Wellbeing's Fundraising & Events
Newsletter Winter edition.

This is where you'll find out about all things fundraising and what we have coming up each quarter.

Join us to celebrate the fantastic work already done and to help us push our fundraising efforts further and further each year, to improve the mental health of children and young people across West Yorkshire.

Over the next few months, many exciting events and activities are taking place at Invictus Wellbeing. Keep reading to find out how you can get involved as an individual, team or organisation!

Thank you to everyone who has supported us through 2024. We cannot wait for all the amazing events to celebrate our 10th Birthday through 2025.

Check this out!



We have been lucky enough to partner with Pearl Dental for over a year and wanted to thank them for their continued amazing support and contributions. Let's take a look back at where their amazing funding has gone to support Children and Young people in West Yorkshire.



PEARL DENTAL

DENTISTRY & AESTHETICS

SINCE AUGUST 2023
THEY HAVE RAISED AN AMAZING

£7,665



Donating hundreds of dental packs to support our children and families who attend our holiday clubs across Calderdale and Bradford.

Sponsoring our Thrive Holiday club in Bradford. Helping us to provide free places for children on free school meals. Working with 100's of children to provide nutritious food and fun activities in every school holiday.







Sponsoring t shirts for our Thrive holiday staff members to wear when running the activity sessions. Thank you they all look

great!



Could you help?

SCAN THE QR TO DONATE





Could you donate your preloved posh frocks, suits and accessories to charity?

Help another young person turn up to prom in style!

All proceeds raised from resale go directly to supporting and improving the mental health and wellbeing of young people locally

All donations can be left at Harveys or contact for collection at 07562242429





2025





#BlueSomeGood will return for next year's Children's Mental Health Week, from the 3rd-9th February 2025. We will also be at the Piece Hall on Saturday 8th February. Please join us.

If you are in an education setting, organisation or business and would like to take part in some way please get in touch. Check out last year's event on our website.

Fundraising events

Help us celebrate 10 years as a charity

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CHARITY GOLF DAY

Supporting Children and Young People in West Yorkshire since 2015



Young People's Mental Health Charity

We are delighted to announce our 3rd annual golf day, hosted by Halifax Golf Club, Ogden

EVENT DETAILS:

FRIDAY 25TH APRIL 2025

4 Ball - £240 or £60 PER PERSON



Tee off 11 am 18 holes World Famous Course

HALIFAX GOLF CLUB, OGDEN

WE ARE ALSO ON THE SEARCH FOR

- Hole Sponsorship
- Golf Prizes (Longest drive, NTP, etc)
- Raffle prizes

In return, All businesses and supporters will receive fantastic advertising opportunities throughout and after the day.

katie.dewhurst@invictuswellbeing.com

07562242429

Charity No: 1193094

FUNDRAISING



A HUGE SHOUT OUT
AND THANK YOU TO
BRACAN MCC
(BIKERS RIDING FOR
ALL CHARITIES AND
NEEDS) WHO RAISED

£1000



NIKKI AND SARAH FROM OUR TEAM WENT DOWN TO THEIR OPENING NIGHT TO MEET THE TEAM AND DISCUSS OUR WORK WITH YOUNG PEOPLE ACROSS WEST YORKSHIRE.

A HUGE THANKS
TO HEMSWORTH
MINERS SOCIAL
CLUB FOR
HOSTING





FUNDRAISING



KIERAN MONKS SET HIMSELF A CHALLENGE AND NEVER GAVE UP RAISING AN INCREDIBLE...

£146



WHATS YOUR NEXT BIG CHALLENGE KIERAN?

KIERAN HAS PREVIOUSLY USED INVICTUS FOR HIS MENTAL HEALTH AND WELLBEING AND WANTED TO GIVE A LITTLE BIT BACK TO THE CHARITY. KIERAN IS AN AVID GYM LOVER BUT WANTED TO PUSH THIS ONE STEP FURTHER AND CHALLENGE HIMSELF WHILE RAISING MONEY TO HELP OTHERS. KIERAN'S FRIENDS AND FAMILY SENT HIM IDEAS FOR THE CHALLENGE. YOU MIGHT HAVE SPOTTED HIM TRYING THEM OUT!

FUNDRAISING



THE AMAZING STAFF AT BEAVERBROOKS JEWELLERS HAVE DONE SOMETHING INCREDIBLE THIS DECEMBER!

£1250



THE BEAVERBROOKS TEAM AT THE WHITEROSE SHOPPING CENTRE HAVE GENEROUSLY DONATED TO 2 CHARITIES THIS DECEMBER GIVING HALF OF THE MONEY TO INVICTUS AND THE OTHER HALF GOING TO A LOCAL FOODBANK THANK YOU!

MAKE SURE YOU POP INTO THEIR STORE THIS CHRISTMAS



FUNDRAISING EVENTS





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FUNDRAISING EVENTS







We are very lucky that two amazing people, Lucy and Craig, are taking part in the Cambridge Half Marathon on Sunday 9th March 2025 to raise money for Invictus - Thank you





LETS WISH THEM ALL THE LUCK WITH THEIR TRAINING AND RACE. YOU WILL SMASH IT!







SUMMER

WEST YORKSHIRE'S CHILDRENS AND YOUNG PEOPLE'S MENTAL HEALTH CHARITY FUNDRAISER!





Heath RUFC P North Dean, Stainland Rd, Greetland, Halifax HX4 8LS

SUNDAY25TH MAY 1PM TIL LATE! IS OUR

Birthday!

WHY NOT TAKE PART IN SOMETHING FUN NEXT YEAR?



THE INFLATABLE 5K - FUN RUN

The Inflatable 5k is not a race. It's all about having fun and taking part with friends and family. Whilst having fun, you'll be helping us raise vital funds to support Children's and Young people's mental health in West Yorkshire



Saturday 14th June 9-2.30PM



Harewood House Leeds, LS17 9LG











How you can support Invictus Wellbeing?

We are always so grateful for individuals, groups and businesses who want to support us. If you would like to help us celebrate our 10 years working with young people then please get in touch with your fundraising ideas and suggestions.

Many groups choose to take on a challenge, organise an event or simply make a donation. Whichever way you would like to fundraise for us, we can guarantee your donation will go a long way across West Yorkshire.

FUNDRAISING IS A LITTLE BIT DIFFERENT AWITH INVICTUS
We look to build proactive relationships with fundraisers - go
and meet them, ask them to come and see what we do on a
daily basis to show where donations are being spent.

That's why if you fundraise for Invictus, you will be paired up with a member of our team to support you on your fundraising journey each step of the way!



Our Impact

Lets take a look back at some of amazing work at Invictus Wellbeing during 2023/24



We hope to work with even more young people in 2025 and beyond!

Would you like to volunteer for Invictus Wellbeing?

Could you spare a few hours a month to help promote our Charity and the amazing work we do?

FUNDRAISING VOLUNTEER

Could you commit to a few hours a week to raise vital funds for our projects?

We are looking for enthusiastic and charismatic individuals who can help us fundraise for our cause.

PROJECT VOLUNTEER

Could you support projects which boost mental wellbeing?
We are looking for project volunteers who can commit to between 1-5 hours per week. Their role would be to support our project delivery and help young people access support and activities.

PLACEMENT COUNSELLOR

Could you carry out your placement counselling hours with us?
We are always on the lookout for student counsellors who would like to carry out their placement hours as part of one of Invictus Wellbeing's 1-2-1 services.



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BECOMING AN INVICTUS CHARITY PARTNER

FIND OUT HOW!

Supporting Invictus Wellbeing means supporting children and young people in West Yorkshire to access better support for their mental health and wellbeing.

WE ARE ALWAYS SO EXCITED TO PARTNER WITH LIKE MINDED ORGANISATIONS WHO CARE ABOUT THE COMMUNITIES THAT THEY WORK IN AND SERVE.

COULD YOU HELP US ON OUR MISSION?

WHAT CAN YOU EXPECT?

- Easy, proactive & collaborative relationship with our community team.
- Support with fundraising and free workshops/activities for your team (where possible).
- High engagement from your staff in supporting a worthy cause.
- Your social and corporate responsibility completed in creative and innovative ways and you can ask where your money goes.
 - Your customers respect by supporting local charities rather than box ticking.
 - Alternatives to conventional 'give us money' partnerships

IF YOU ARE INTERESTING IN FINDING OUR MORE PLEASE CONTACT KATIE DEWHURST ON KATIE.DEWHURST@INVICTUSWELLBEING.COM OR TELEPHONE: 07562242429



Thank you to our charity partners in 2024

We cannot do this without your conitinued support.























Harveys of Halifax

Thank you to all our amazing schools, colleges and our individual supporters and volunteers.